



# *Beautify* PA SAFELY

## Severe Bleeding

**Disclaimer:** This handout provides a general overview of a selected first aid topic. Consult your doctor for personal medical advice, diagnoses, and treatment.

1. Have the injured person lie down.
2. While wearing medical gloves, remove any obvious dirt or debris from the wound. Do not attempt to remove large or deeply embedded objects.
3. With a sterile bandage, apply pressure directly on the wound until bleeding stops.
4. If bleeding soaks through the bandage, do not remove the bandage, add more.
5. Seek medical attention immediately.

### Signs of internal bleeding:

- Bleeding from body cavities
- Vomiting or coughing up blood
- Bruising
- Wounds in the skull, chest, or abdomen
- Muscle tender or spastic
- Broken bones
- Shock

If a body part is severed, wrap it in sterile gauze and seek medical attention immediately.